AD/HD Support Group Meeting
Tuesday, January 14th @ 6:00-7:30pm
Northwest Regional Library
3151 N. University Drive Coral Springs
Room #222 (second floor)

Your speaker for the evening: Mark Halpert of 3D Learner
Go to www.3dlearner.com for more information or call 561-361-7495

Mark Halpert will lead a discussion on how you can significantly reduce homework time and stress for your child with ADHD, reduce anxiety for your child and you and build your child’s self-esteem. Mark will share how to:

- Create a win-win-win system with your child’s teacher, your child and you
- Use a visual schedule to reduce both homework time and stress
- Control your stress level and your child’s
- Deal with math word problems – that are more difficult than ever

Mark is an experienced advocate, parent and CHADD board member. Mark is a Recovering Scremaholic. Mark is also a goal setter and will provide ways to work more effectively with your child and child’s school to maximize results.

For more information:
Visit our Facebook page-North Broward CHADD or contact the volunteer coordinator, Nicole Vredenburg, @ 754-229-5716 or email north-broward@chadd.net